

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 70 years in the making.



October 9th 2025

Get Ready for the Track Season!!

Queensland Masters Athletics Track Season

First track meet of the season announced

Saturday October 18th SAF

7.30 2,000m Race Walk

9.45 800m Race Walk

Competition Fees: \$12.00

The rest of the 2025/26 Masters track season draft programme

Note: the earlier start to the meets with the walks from 7.30am. With the SAF unavailable November to mid-January the MAIN track at QSAC will be used.

1st November 2025 Saturday Main Track*

7.30 2000m Race Walk

9.45 1-mile Race Walk

8th November 2025 Saturday Main Track*

7.30 3000m Race Walk

9.35 1500m Race Walk

22nd November 2025 Saturday Main Track*

7.40 3000m Race Walk

9.45 800m Race Walk

29th November 2025 Saturday Main Track*

7.15 5000m Race Walk

9.15 1500m Race Walk

6th December 2025 Saturday Main Track*

7.30 3000m Race Walk

9.35 800m Race Walk

20th December 2025 Saturday, Main Track*

9.00 1500m Race Walk

21st December 2025 Sunday Main Track*

8.15 3000m Race Walk

9.30 800m Race Walk

17th January 2026 Saturday Main Track*

7.30 **3000m Race Walk Championship**

9.50 1 Mile Race Walk

24th January 2026 SAF*

9.40 1500m Race Walk

31st January 2026 SAF*

7.30 3000m Race Walk

9.55 800m Race Walk

14th February 2026 Saturday, Venue SAF

9.00 1500m Race Walk

15th February 2026 Sunday, Venue SAF

8.15 3000m Race Walk

9.30 800m Race Walk

Saturday 21st February 2026 - Track Events State Athletics Facility

QMA State Championships 2026

9.00am **5000m Walk Championship**

Saturday - 21st February

9.30am **1500m Walk Championship**

28th February 2026 Saturday, Venue SAF

8.10 3000m Race Walk

UQ Sport 1500m Classic **Thursday 30 October**

5:45pm Girls 1500m Walk

5:45pm Boys 1500m Walk

Registration Details

- Registration now open and closes 9am Tuesday 28 October
- Athletes must be registered with Queensland Athletics or another State Athletics Association to be eligible to compete. Queensland athletes who are not currently a member of a club can register as a Base Member through Queensland Athletics
- The competition entry fee is **\$29**.

[1500m Classic - UQ Sport](#)

Queensland Athletics Track Season

November 1st QSAC 3,000 metres

November 8th UQ 5,000 metres QA Championships

November 22nd QSAC 10,000 metres

November 29th QSAC 3,000/5,000 metres

January 11th QSAC 3,000/5,000 metres

January 17th QSAC 3,000/5,000 metres

February 21 QSAC 3,000 metre / 10,000 metres QA Championships

February 28th UQ 3,000 Metre Championships

March 7th QSAC 3,000/5,000 metres

March 25th QSAC 5,000 metres

Little Athletics Summer S2 Carnival **GC Performance Centre, 23rd November**

Draft Programme

3:10pm

U10 Girls 1100m Race Walk

U10 Boys 1100m Race Walk

U11 Girls 1100m Race Walk

U11 Boys 1100m Race Walk
U14 Girls 1500m Race Walk
U14 Boys 1500m Race Walk
U15 Girls 1500m Race Walk
U15 Boys 1500m Race Walk
U16 Girls 1500m Race Walk
U16 Boys 1500m Race Walk
U17 Girls 1500m Race Walk
U17 Boys 1500m Race Walk
3:45pm

U9 Girls 700m Race Walk
U9 Boys 700m Race Walk
U12 Girls 1500m Race Walk
U12 Boys 1500m Race Walk
U13 Girls 1500m Race Walk
U13 Boys 1500m Race Walk

RESULTS RESULTS RESULTS

Queensland Athletics All Schools Oct 2 – 5th

Girls 3000m RW Under 14

1 Taylor Chapman Mountain Creek SHS 15:18.86 ASTF
2 Isabella Welch John Paul College 16:22.74
3 Elspeth Hooper All Saints Anglican School 16:41.28
4 Violetta Boyd Palm Beach-Currumbin SHS 17:47.82
5 Violet Conway Caboolture SHS 18:12.46
6 Amelia Chisholm Edens Landing SS 18:19.83
7 Savannah Dunleavy Narangba Valley SHS 19:45.30
Charlotte Don Wavell SHS DQ TR54.7.1

Girls 3000m RW Under 15

2 Mackenzie Bandidt St Peters LC – Indooroopilly 18:48.27
Kiara Waterman Northpine Christian College DQ TR54.7.1

Girls 3000m RW Under 16

1 Bethany Moore-Kirkland St Ursula's College 15:22.27 ASTF
2 Eliza Kelly Bundamba SSC 16:53.32

Boys 3000m RW Under 14

1 Leo Ramsay Carmel College 18:36.04

Boys 3000m RW Under 15

1 Lachlan Moore Ormiston College 14:41.35
2 Cory Lockwood Marymount College 16:10.05

Boys 3000m RW Under 16

1 Noah Cooke Northside Christian College 13:49.13 ASTF
2 Koby Irvine Shalom College 14:24.10

Girls 5000m RW Under 17

1 Olivia Boulton Marymount College 26:56.00

Girls 5000m RW Under 18

1 Milly Sharpe Toolooa SHS 26:00.68 ASTF

Boys 5000m RW Under 18

1 Kai Dale Pimpama SSC 28:21.13

Australian Marathon Race Walking Championships

Saturday, 29 November Stromlo Forest Park, Canberra

Saturday, 29 November, the inaugural [Australian Marathon Walks Championships](#); the first event of its kind in the country, will be held over the full marathon distance of 42.195km.

The event is open to both senior men and women. Athletes should only enter if they expect to finish under 4:10.

2025 Australian All Schools Athletics Championships

Melbourne December 4-7th

Draft Timetable as at 25 June 2025

04-12-2025

17:15 Female 3000m Race Walk U14

17:40 Male 3000m Race Walk U14

18:05 Female 5000m Race Walk U18

18:05 Female 5000m Race Walk U17

19:05 Male 5000m Race Walk U18

19:05 Male 5000m Race Walk U17

06-12-2025

17:10 Female 3000m Race Walk U16 Final

17:10 Female 3000m Race Walk U15 Final

18:10 Male 3000m Race Walk U16 Final

18:10 Male 3000m Race Walk U15 Final

QRWC the Sport Provider 10km walk at the 2026 Pan Pacific Masters Games

Events Management Queensland have advised that our application to host Athletics – Road Race Walk as part of the 2026 Pan Pacific Masters Games to be held on the Gold Coast, from 6 to 15 November, 2026 has been successful.



**Athletics – Road Race
Walk**

The 10km road walk will be conducted on the Luke Harrop Criterium cycling circuit at Runaway Bay. Our success can be proudly attributed to our group of dedicated members, officials and volunteers who provide their time, effort and expertise to deliver a well-run and enjoyable event. Put this event in your diary for 2026 as a competitor or as a volunteer.

Australian Masters Athletics Championships
Australian Institute of Sport, Leverrier Street, Bruce ACT
March 6-9th 2026

Draft Walks Programme

Friday 6th 1,500 metres AIS track

Saturday 7th 5,000 metres AIS track

Monday 9th 10km Stromlo Forest Park

Website : <https://canberra2026.com.au/>



Australian Athletics Championships
Sydney Olympic Park Athletic Centre April 9-12, 2026

Aligned 2026 National Junior Athletics Championships
QSAC Brisbane

Australian Athletics (AA), and Little Athletics Australia (LAA), are pleased to announce dates and details for the inaugural aligned athletics championships in Brisbane in 2026.

April 12 – 14: Australian Little Athletics Championships

April 15 – 20: Australian Athletics Junior Championships

Across both events athletes from around Australia will compete as part of a celebration of the sport and its growing success as we head towards a 2032 home games.

AA and LAA have agreed to a number of changes in 2026 to the two events. In summary:

The youngest age group at AAJC will be Under 14 (athletes born in 2013, or for PV and HT only, 2014). AAJC will not include an Under 13s competition (athletes born in 2014 or later).

The age groups competing at the ALAC will be

Under 12 – Athletes born in 2014 and

Under 13 – Athletes born in 2013 (LAA age group definition) and will not include any age groups for athletes born before 2013.

Eligibility for both championships will be open to the whole of sport.

ALAC will have increased team numbers to provide more opportunities for national championships for athletes across the whole of sport.

Little Athletics athletes who achieve the requisite AA entry standards will be eligible to compete in the AAJC.

ALAC Entries will be managed/facilitated through LAA Member Associations.

AAJC Entries will be managed/facilitated through AA State Member Associations.



WORLD ATHLETICS
RACE WALKING TEAM
CHAMPIONSHIPS
BRASÍLIA 26

World Athletics Race Walking Team Championships will be held in Brasilia, Brazil on 12 April 2026

QA MEMBERSHIP INFORMATION 2025-2026

Season Period: 01 OCTOBER 2025* – 30 SEPTEMBER 2026

*season to open early for All Schools in 2025 on 01 September

The Queensland Racewalking Club (QRWC) is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at Queensland Athletics (QA) meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership.

Membership Fee: \$25.00 (club fee on top of Qld Athletics membership)

[Click here to register Membership - Qld Race Walking Club - revolutioniseSPORT](#)

Membership Options

Membership Level	Cost (plus club fee*)	QA Shield Meet Entry	QA Championship Entry	Cross Country Series	Eligible for QLD Team?
Platinum	\$250	FREE	\$10/event	\$12	✓ Yes (All events)
Gold	\$150	\$18	\$22/event	\$12	✓ Yes (All events)
Base & Qrun	\$12	\$32	\$32/event	\$12	✗ Not eligible

Non-Competing Members

Role	QA Fee	Notes
Volunteer	\$0	Club volunteers for operations & comps
Committee Member	\$0	Must be registered members
Official	\$0	Must be accredited with Australian Athletics
Coach	\$0	Must be registered and accredited

◆ **Blue Card Required** (Working with Children Check)

📍 Check with your club or visit bluecard.qld.gov.au

Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.

This is not only a matter of compliance, but also a fundamental part of maintaining a safe and trusted environment for all participants. Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000.

[Individuals requiring a blue card](#) | [Your rights, crime and the law](#) | [Queensland Government](#).

If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator bluecardqrc@gmail.com

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

Rules of Race Walking

There are two basic rules in Race Walking:

- **Contact:** The athlete must never have both feet off the ground at once.
- **Knees:** The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.

Racewalking Queensland Management Committee 2025/26

President: P Bennett

Vice President. J Blackburn

Secretary: N. McKinven

Treasurer Vacant

Committee: S Pearson, I Jimenez, R Wales, J Dale, B Gannon, S Dale

Patron: S Perkins

Registrar: S Dale

Handicapper A Guevara / N McKinven

Uniforms: S Dale
Publicity / Media P Chadwick
Results R Wales / N McKinven
Newsletter Editor: P. Bennett
Equipment Officer. Ignacio Jimenez & Noela McKinven
Canteen Convenor R Wales, J Dale
Blue Card Co-ordinator B Gannon
Club Captains: Phoebe Chadwick, Alex Bradley
Vice Captains Mia Bergh, Kai Dale

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

- Noela McKinven Walks Level 4
- Robyn Wales Walks Level 3
- Shane Pearson Walks Level 3
- Steve Langley Walks Level 3 Performance coach
- Jasmine-Rose McRoberts Level 2 Club coach
- Argenis Guevara Level 2 Development coach
- Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

Website

[Queensland Race Walking Club](#)

About us*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

WOOLWORTHS SUPPORTS QRWC

[Woolworths](#) has very kindly and generously provided the QRWC with a **\$500 Woolworths eGift Card** in recognition of what the QRWC does to foster local sport and community spirit here in Queensland. This will be used for the benefit of all of our athletes as we continue to promote the positive impacts of exercise and healthy nutrition.

Thank you **#WoolworthsSportsGrants**